

Fascinating INSIGHTS

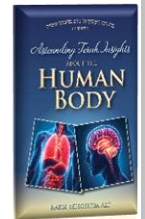
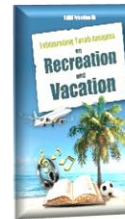
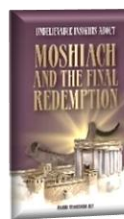
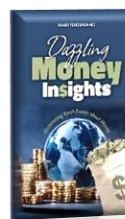
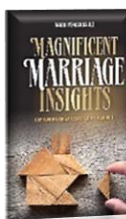
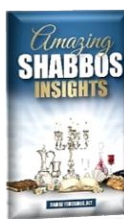
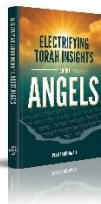
טו' כסלו תשפ"ו

December 5, 2025

פרשת וישלח

13th year, edition 596

As we have arrived at the final stages before publication, this is the final opportunity for contributions or dedications for the book about malachim, titled "Electrifying Torah Insights about Angels." Don't miss out on the dedication opportunities, which can be given from Maisei money (and can be paid out over time in payments). It can be L'Ilu Nishmas, L'Refuah Shleima, an advertisement for a business, in honor of a special occasion or any other dedication that your heart desires. This is in addition to sharing in the merit of the life-changing Torah learned by each reader. For more information or if you have any questions, please don't hesitate to contact me at yalt3285@gmail.com or send a WhatsApp to +972 54 849 5217. Donations can also be given via credit card at <https://bit.ly/43mDLe0>. Any amount is welcome.



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The weekly Fascinating Insights sheet is also available in FRENCH, HEBREW and YIDDISH. To view or download them in these languages, send an email to yalt3285@gmail.com or visit <https://bit.ly/3FJ8uEc>.

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For audio or video of the latest fascinating short Torah thoughts by Rabbi Alt, visit <https://batorah.com/speakers/2055> or Kol Halashon at <https://bit.ly/49LwNkR>.

L'Refuah Shleima Gutzya Bryna bas Perel Chaya, Danielle bat Lucie and Rafael ben Danielle

Please feel free to print some copies of this publication and distribute them in your local shul(s) for the public, thereby having a hand in spreading Torah and changing the lives of others.

A Mouth That Makes a Home

How can a person ensure that his home is filled with simchah?

The words משפחה, family, and שמחה, joy, differ by just one letter: the letter פ. When we spell out this letter, we get the word פה, mouth. The message is clear—if you want *simchah* in your *mishpachah*, use your *peh* well. Speak with kindness, patience, and warmth, and joy will fill the home.

Unpredictable Protection

We know that Hashem created the yetzer hara and the Torah as its antidote.¹ But what about a Zevulun, someone who supports a Torah scholar but spends his day immersed in business, without the yoke of Torah study? He may find himself going out, chatting idly with merchants and laborers, and feeling spiritually vulnerable. He may feel, “the evil inclination overpowers me because there is no Torah to drive it away.”



To answer this, the Chida² offers a novel explanation in the pasuk³ שמח זבולון בצאתך ויששכר באהלך (“Rejoice, Zevulun, in your journeys, and Yissachar in your tents”) based on the words of R' Chaim Abulafia. R' Abulafia, in his Eitz Hachaim,⁴ teaches that one who supports a Torah scholar is also saved from the yetzer hara—just like the Torah itself protects those who study it against the yetzer hara (as the gemara says that the Torah is the antidote for the yetzer hara). He continues further that the supporter merits something greater. A Torah scholar is protected by Torah only while actively engaged in learning. But Zevulun, who enables Yissachar’s Torah through his support, enjoys continuous protection against the yetzer hara.

In this vein, the Chida explains שמח זבולון בצאתך: Zevulun, be happy when you go out to work. Do not fear the influence of the yetzer hara even though you are not learning Torah. Why? Because יששכר באהלך. That is to say, the Torah of Yissachar that you are supporting is protecting you from the yetzer hara.

Lean In, Light Up

The letters *sin* and *samech* as well as *ches* and *chof* are interchangeable, due to their pronunciation. This reveals a beautiful connection between the words שמחה, joy and סמיכה, to rely or lean on. We say about R' Elazar⁵ —כדי הוא רבי אלעזר לסמוך עליו בשעת הדחק—that one can rely on him in times of emergency. The deeper idea is that there is a happiness and joy (שמחה) when you have someone or something solid to rely upon (לסמוך). When a person feels supported, there is inner calm and joy. Think about for example someone who moves from chutz laaretz to Eretz Yisrael. There is no comparison when they have family or friends who live there that they can rely upon.



Rabbi Alt merited to learn under the tutelage of R' Mordechai Friedlander ztz"l for close to five years and received semichah from R' Zalman Nechemia Goldberg ztz"l. Rabbi Alt has written thousands of Torah articles on numerous topics for various websites and publications and is the author of ten books including the recently released “Astounding Torah Insights about the Human Body.” His writings, many of which have been translated into Yiddish, Hebrew, German, Spanish and French, inspire people across the spectrum of Jewish observance to live with the vibrancy and beauty of Torah. His shiurim can be found on various websites including Kol Halashon’s. Rabbi Alt lectures, writes and teaches, and is passionate about inspiring Jews of all levels of observance.

You can now download the weekly Fascinating Insights Torah sheet from the following websites: Dirshu, Torah Lectures, Torah Table, Ladaat, Chidush, Kol Halashon, Gilyonos, Din Online, Alon Olam, Parsha Sheets, Yiddishe Vinkel, and more.

¹ Kiddushin 30b.

² Rosh Dovid, V'zos HaBerachah, s.v. u'le'daas.

³ Devarim 33:18.

⁴ End of Parashas Vayakhel.

⁵ Eruvin 46a.